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PIMDI

A pedagogy of imaginative dialogues



PIMDI Helsinki Intensive Week

25.-29.10.2021

Uniarts, Theatre Academy, Haapaniemenkatu 6, 00530 Helsinki Finland, studio 709

Pre-task for students:

We ask everyone to bring something from their home country; something related to local nature, culture, art, or a combination. The “souvenir” can be a material object, (“souvenir”), it can be something to taste. It can also be a song, poem, dance, image... Most importantly, something that is meaningful to you. Be prepared to share your present in a small student group on Monday afternoon.

You are also invited to read the introduction and pages 36-38 from the publication “Love in a cold climate: creative aging in Finland”. The publication can be downloaded here:

<https://baringfoundation.org.uk/resource/love-in-a-cold-climate-creative-ageing-in-finland/>

PROGRAMME (subject to changes)

Monday

- 10:30-12:30 Getting to know each other; warm-up led by the Tempest group; program of the week; consent forms (see appendix 1).
The activities included welcome to the first intensive PIMDI week and a short introduction of the Tempest Group as well as embodied exercises: Arriving to self and to the space, Getting to know each other through grouping and lines of different characteristics and opinions, Writing each others' names with the body, Discussion.
- 12:30-13:30 Lunch (teachers at 701; students at Unicafé)
- 13:30-15:00 PIMDI intro (Gudrun & co); introducing the notion of reflective documentation (including Riikka & videodocumentation); getting into small groups; instructions for small groups gathering (Eeva & co)
- 15:00-16:00 Small groups gathering/teachers' meeting: organizing IO work and student group mentoring
- 16:00-18:00 Informal get together with snacks and wine
- Evening: Dinner on your own/in groups; independent adventures

Tuesday

- 9:30-11:30 Tempest group introduction to the practices with guests:
- Embodied exercise: Arriving to self and to the space.
 - Lecture of Tempest Group working methods, including watching several short dance films.
 - Depiction of the coming up senior center environment and practical tips for encountering the elderly, what to pay attention to.
 - Guests: senior ladies who participate actively in different artistic activities and outcomes, introducing them through a dance film, hearing their views on the meaning of artistic activities in their lives. Embodied exercises together with the whole group: PIMDI students, teachers and the guests. Discussion in small groups.
- 11:30-12:00 Guidelines for groupwork & documentation (see appendix 2)
- 12:00-13:00 Lunch (teachers at 701; students at Unicafé)
- 13.00-14:30 Students' groupwork/teachers' meeting or IO meetings
- 15:00-17:00 Laboratory on Multivoicedness (Natalie & co)
- Evening: *Sauna* or other independent adventures

Wednesday

9:30-14:00 Students' groupwork/teachers' meetings; IO work; (includes lunchbreak). Students working in small groups to create a "present/ation" to bring to the senior centers. Tempest Group advising and supporting the students, assigning locations for each group for senior center visits.

14:00-16:00 Reflective work (focus on PIMDI curriculum)

Evening: *Dinner* at Meripaviljonki (teachers), pizza night at Theatre Academy (students) - organized by hosts

Thursday

9:30-13:00 Visits to senior centers (students and teachers):
Senior centers:Laajasalo

GUIDELINES FOR STUDENTS' GROUP WORK

"Creating a present/ation"

Tuesday:

1. Reflect on your (embodied) experiences of encountering vulnerability, or vulnerable people and/or care institutions (individual reflection). Use artistic methods and tools in the reflection (e.g., drawing, moving). Share your experiences in your small group. Discuss your interests and expectations regarding the visit to the senior centre.
2. In your group, start developing an idea for a "present/ation" in the senior centre. You can use the materials and ideas that came up in your exploration on Monday. Also, start thinking about documenting your work.

Wednesday:

3. Continue working with the materials and ideas from Tuesday.
4. Discuss the ways you will meet and connect with people in the senior center. Plan your tasks and roles when sharing your "present/ation" there.

Thursday:

5. Implement and document your "present/ation" at the senior centre.
6. Reflect your experiences and plan a way to share your work with other groups on Friday.

What is a present/ation?

- Meeting, encountering others (in this case, senior citizens) in a respectful, caring, dialogical manner
- Can be considered as a **present, a gift**; bringing something enjoyable to centers
- Can be considered as something that has been prepared beforehand—a **presentation**—but open, flexible to changes according to what is **present** at the moment

Is based on the idea of **being present** for the other, at the moment, sensitive and dialogically aware about the **present situation**